

T.A.C. (That Ain't Country)

Count: 32 **Wall:** 4 **Level:** Beginner / Improver

Choreographer: Fred Buckley and Vivienne Scott - Sept 2016

Music: 'That Ain't Country' by Aaron Lewis (iTunes and amazon)

Alt. Music: 'Live While We're Young' by One Direction (Available on itunes and amazon)

Intro: 16 counts - No Restarts.

S1:WALK, WALK, SHUFFLE FORWARD, ROCK FORWARD, COASTER STEP

1-2 Step forward on right. Step forward on left.

(Option: 2-count full turn left travelling forward.)

3&4 Shuffle forward stepping right-left-right.

5-6 Rock forward on left. Recover onto right.

7&8 Step back on left. Step right beside left. Step forward on left.

(Option: Full turn triple over left shoulder)

Restart (That Ain't Country) here on Walls 5 and 9 (12 o'clock).

Restart Tip: On count 7 of the coaster step, step left long step back.

S2:SIDE ROCK. CROSS SHUFFLE, 1/4 TURN, 1/4 TURN, KICK-BALL-CHANGE

1-2 Rock right to right side. Recover onto left.

3&4 Cross right over left. Step left to left side. Cross right over left.

5-6 Turn 1/4 right and step back on left. Turn 1/4 right and step forward on right.

7&6 Kick left forward. Step left beside right. Step right beside left.

S3:SIDE ROCK, BEHIND, 1/4 TURN, STEP, STEP, HEEL TWISTS

1-2 Rock left to left side. Recover onto right.

3-4 Cross left behind right. Turn 1/4 right and step forward on right.

5-6 Step forward on left with toe pointed to left diagonal. Step right in front of left with heel pointed to left instep and right toe to right diagonal. (Third position)

7-8 On balls of both feet twist heels out, in. (weight on left)

S4:HEEL TOUCHES FORWARD, SIDE, SAILOR STEP, ROCK RECOVER, SHUFFLE 1/2 TURN

1-2 Touch right heel forward. Touch right heel to right side.

3&4 Cross right behind left. Step left to left side. Step right slightly forward.

5-6 Rock forward on left. Recover onto right.

7&8 Turn 1/2 left and step forward on left. Step right beside left. Step forward on left.

Ending ('That Ain't Country'): After Section 3, touch right heel forward and pose!

Ending ('While We're Young'): After count 4 in Section 2, Step left to left side. Touch right forward and pose.

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